SACWN
SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

VOLUME 10, NO.2 FEBRUARY, 1994

JOIN US FOR A ROMANTIC EVENING CELEBRATING LIFE AND LOVE!

GOOD MUSIC, GOOD FRIENDS, GREAT TIME!

DANCE TO LOVE SONGS FROM THE PAST TO THE PRESENT!

JOIN US FOR AN ANNIVERSARY CAKE TO HONOR OUR RELATIONSHIPS!

CELEBRATE!
"THE WOMAN IN MY HEART" VALENTINE DANCE
featuring "Second Wind"

The Valentine Dance will honor the love you feel for the woman in your heart, whether that woman is your friend, your lover or you. Join us for an anniversary cake to celebrate friendships and anniversaries. Champagne will be available for sale at the bar staffed by the Sacramento Women's Chorus. *Second Wind* will play lots of love songs. The Single Connection will have several reserved tables (you'll recognize them by the fun they are having). We'll even have Valentines to send to the woman at the next table or the woman sitting next to you.

DATE:	**Saturday, February 12, 1994**
PLACE:	**Unitarian Universalist Society**
	2425 Sierra Blvd., Sacramento
TIME:	**From 8:00 p.m.**
TICKETS:	**$10 Subscribers; $15 Non-Subscribers**
	All tickets at the door will be $15.
	See order form on inside of back cover of this newsletter.
	This event is open to women over 21 years of age only.

FROM THE STEERING COMMITTEE

Hopefully, 1994 is off to a great start for you! It certainly is for SACWN. Thanks to you, we sold 292 tickets to our January event. Our break even price was figured on selling 150 tickets (which seemed like a lot of tickets at the time), so we made a nice profit. Ticket sales brought in $2,733. Expenses included:

Room Rental	$285
Movie	$ 70
Video Eqpmt Rental	$494
Snacks	$ 49
Decorations	$ 27
Gift Certificate	$ 35
Advertising:	$200

The total expenses (not counting staff time) were $1160. The net profit of $1573 brings us into the black for the first time this year. So thanks.

Based on this success, and the success of the last dance, we have been able to lower the ticket price on our upcoming dance. Tickets will be just $10 for subscribers for our Valentine Dance (purchased ahead of time). Plan on a very romantic evening, with love songs from Second Wind and special surprises that will celebrate our relationships and friendships.

Our membership numbers also continue to grow. As of the first of February, we have 338 paid subscribers, compared to 265 paid as of February 1, 1993. Several more of you have recently renewed as sustaining members, paying a little extra to subsidize those on limited incomes. While we have about three times as many subscribers on limited dues as we do sustaining, it's comforting to see the number of sustaining members grow. (A sign of better times ahead?)

We currently have 120 members that subscribe under the category "two in one household". This category was instituted as of January, 1993. For a reduced amount ($1 per household per month), two members receive only one copy of all of the SACWN mailings.

So, thanks to you, SACWN is strong and healthy to start the new year. As always we appreciate your comments and feedback. And that is the "State of SACWN Address" as we enter our tenth year of service.

SACWN STEERING COMMITTEE

Rosemary Metrailer, Corporate Coordinator
(916) 447-7255
Jane Irwin, Finance Coordinator
(916) 424-3153

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Executive Director
SACWN, Inc.
1616 29th Street, Suite 310
Sacramento, CA 95816
(916) 451-8034
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SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from **SACWN, Inc.** Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. For more information, contact Sandy Virago at 451-8034.

SACWN ADVERTISING RATES

Type	Member	Non-Mem
1/2 Business Card 1 3/4 x 1 3/4	$14	$21
Business Card 3 1/4 x 1 3/4	$25	$37
Two-column ad 4 1/2 x 2 3/4	$40	$60
Quarter page 3 1/2 x 4 1/2	$50	$75
Half page 7 1/8 x 4 1/2	$90	$135
Full page	$160	$240
Classified ads (per word)	.40	.60
Discounts (pre-paid) 1 year	20%	
1/2 year	10%	

SPECIAL INTEREST GROUPS - JANUARY

All SACWN SIG facilitators are volunteers and many spend a significant amount of time talking with you and other members. Please give them your heartfelt thanks in the month of love!

BRIDGE

Bridge games are held at **2 p.m. on Sunday afternoons**. On the second Sunday, the game is at Marsha's home and on the fourth Sunday the game is at Jean's home. Cost is $1 per Sunday. Call **Marsha at 442-3093** by Friday if you plan to attend. Beginner lessons are available during the week. Check with Marsha.

SINGLE CONNECTION

Events Planned:

Saturday- (Feb 12 & 26) A Bike Ride (11-1 p.m.) Meet under Watt Avenue Bridge (La Riveria Drive to American River Access). Slow and advanced groups. We are gathering on a bi-weekly basis, so everyone can get out and join us. Bring a snack. Rain cancels. Don't ride alone.

February 5 - Valentine Party, 4 p.m. potluck. Bring your most romantic valentine card and a dish to share. **RSVP to Angie 979-1253 or Cynthia 991-3702.**

February 12 - Look for our tables at the Valentine Dance.

March 5- Noon on Saturday. Kite Flying - "Kites in the Air", Ladies! Bring string, kite and a snack. Directions: I 80 to Roseville. Exit Right (East) on Douglas to Rocky Ridge Road. Make right to Maidu Park near soccer field.

April 16 & 17 - Reno overnighter planned. Let your hair down and join us for show, dinner & action. **Call Angie 979-1253 or Cynthia 991-3702.**

LATE-BLOOMERS

If you are **25+ and interested** in exploring your love for women - come join us for a time to sort out thoughts, feelings, and for socialization. Call **Eva at 878-9253** for date and location.

We are looking to start another group of Late Bloomers. If you are interested in facilitating, please call Eva.

TOP TEN

Last Sunday's potluck brought out 15 wonderful women!

February 8 - meet at Tea Cup , 1614 21st Street (Between P & Q) for dinner and talk.

February 27 - Sunday, 3 p.m. at Betty W's. 682-4366. Discussion. March 20 - Sunday, 3 p.m. at Karen S's. 457-3224 Discussion. Call **Lise, 452-4948** for more details.

HIKING

Nancy will be leading the hiking group this month. Call her at **454-5847** about the excursion to a very special place.

RAINBOW CAMPERS

Meeting scheduled soon. Time to air out the sleeping bags. For more information, Call **Jayne at 921-6642.**

NEWCOMERS GROUP

New to SACWN? New to SACTO? Or just new? Welcome brunch is held the last Sunday of every month at 1:00 p.m. Meet **February 27** at Incredible Edible, Alhambra and N Streets and **March 27** at "Ernestos". All facilitators and members invited. Call **Angie at 979-1253 or Cinder at 676-0641.**

INTO ART!

Working as an artist can be isolating. Want to talk to others who share your ups and downs? Call **Carmen at 455-9253.**

GOLF

Give **Judy a call at 428-4685** to find out the details about their Thursday game.

THE WALKING GROUP

Let's walk! **Reine** can be reached at **448-5412**.

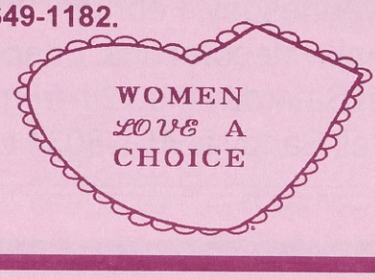
COUPLES CONNECTION

February 12 - Join us or come talk with us at the Couples Table at the dance.

February 20th - Potluck and get together at Cinder & Lesha's Bring beverage and favorite pot luck dish. Call **Lesha or Cinder at 676-0641.**

POKER FOR COUPLES

We love poker, want to join us for a game? Call **Kym and Jane at 649-1182.**



SACWN CALENDAR FOR 1994

Saturday, February 12 "The Woman in My Heart" Valentine Dance featuring "Second Wind". Unitarian Universalist Society, 2425 Sierra Blvd., Sacto. A very romantic evening to celebrate friendships and relationships. *See order form on inside of back page.*

Friday, March 18 Women's Herstory Program featuring author Dell Richards, speaking from her book, "*Superstars: Twelve Lesbians Who Changed the World*" and the Sacramento Women's Chorus.

Friday, April 22 Sunniva Sorby, American Women's Expedition. Member of the first all women's team to ski from the edge of Antarctica to the South Pole.

Coming in July: The Second Annual Women's Gathering will be held at Camp Augusta on July 22-24, 1994. Save this weekend for a very special experience!

SACWN EXCHANGE

Five lesbians who speak French, seeking others who want to spend an occasional evening speaking French. Call Lise at 452-4948.

Decorators needed for Valentine Dance. Meet in Carmichael on Wednesday, February 9, 6-8 p.m. to make decorations, decorate room on Saturday the 12th from 2 to 4 p.m. Call Sandy at 451-8034 to volunteer.

IN THE COMMUNITY

FACE THE MUSIC - Thursdays 7:30 -10:00 p.m., KZFR 90.1 Chico Radio.

February 26, 7:00 p.m.
Second Annual **Film Festival** presented by the Sacramento Women's Center. Films include: And What Does Your Mother Do?; Guerrillas In Our Mist; International Sweethearts of Rhythm; Sewing Women; The Match That Started My Fire; and Wind Grass Song: The Voice of Our Grandmothers. Tickets are $10 and can be purchased from Lioness and at the Center, 1924 T Street (736-6942).

CLASSIFIED ADVERTISING

LoveWorks for Lesbian Relationships March 29 Sacramento! Single or coupled, discover how you unconsciously reinforce negative patterns and how to increase love and intimacy in your relationships. Sonika Tinker, Debra Rein, 7-9 p.m., Columa Community Center, 4623 T Street, Sacramento. $15 advance, $20 at door. 415/572-1999.

Position Wanted
Word Processing Specialist seeking employment with woman-owned business. Efficient with Spreadsheets, Graphics, Editing/Proofreading. Call Jeanine, 759-9661

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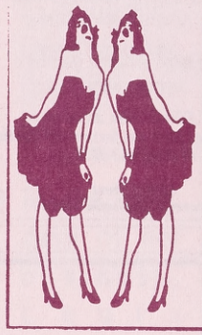

Country Western Dancing Classes
For the Lesbian & Gay Community
Mondays, Starting January 17th
Partner Dances/Beg. Level: 6:00 pm
Line Dances Only: 7:15 pm

Private Lessons Also Available

Four weeks/$28 per person
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John Batchelor 453-8991

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Free Assessment Interview - **916-477-6639**

SUCCESSFUL SACWNITE

Our February Successful SACWNite has loved music all of her life. She listened to the music her mother played as she grew up and was constantly glued to the radio. She was one of those kids that played the "call-in" contests on the radio, often winning prizes. When she was thirteen, she won a 1974 Gremlin from a radio station by guessing the weight of the car.

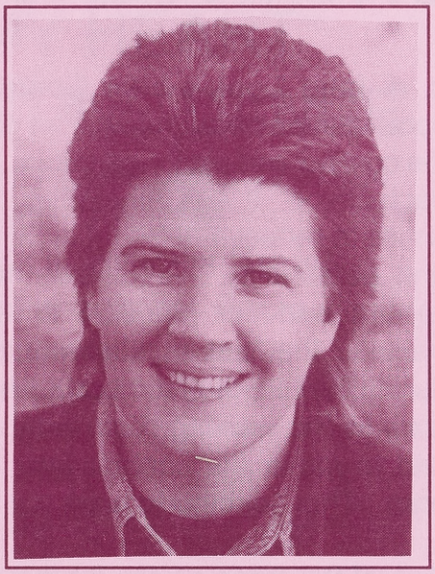
Laura Miller is a native Sacramentan, growing up in Carmichael. She lived in Nevada City for seven years, working for a radio station there. Starting first as a disc jockey, she worked her way up to station manager before striking out on her own. She had always dreamed of owning a record store, and so using her own vast collection of records as a start, she rented a store front at 6319 Fair Oaks Boulevard and started *"IN THE GROOVE RECORDS"*. Her business is buying and selling used records, tapes and CD's, and business is good.

As first she admits it was hard to sell her personal collection. "But, it was time to switch to CD's so after I realized that I would rebuild the collection later, it got easier." Today, people bring in their records or tapes and CD's and Laura buys what she thinks will sell in the store.

Thinking back on the six years she has been in business, Laura noted that she likes the independence of being her own boss. "I have flexibility with my schedule. My parents help out a lot and I have two part-time employees. I've learned over the years that if you really want something, and have the knowledge, you can make a success of it."

"I'm thinking about expanding the business, either into mail order or opening another store. I think espresso and music would make a good marketing combination."

Laura likes all kinds of music, but leans toward folk and country for her favorites. "Nanci Griffith and Lucinda Williams" are her favorite artists.



In the early days of her business, Laura worked the typical six day weeks, but with trusted employees, she has been able to reduced her schedule over the years to a manageable 30 hours a week.

Her advice to entrepreneurs is a four step formula that includes determining if there is a market, checking out the competition, offering something that is better than what's currently on the market and sticking to it while it develops.

Laura's favorite activity is going to concerts. She often travels to places where she can see her favorite performers. She recently returned from New York where she saw Simon and Garfunkel in concert. In California, Mendocino is a favorite stop. "I play the tourist, drink the wine, and listen to the great public radio station there." Other hobbies include entertaining with friends. "I like to cook, go to movies, be with my friends. Occasionally, I hold a house poker party and my mom caters the food." Laura blushed when asked if there was someone special in her life. She smiled and said, "Cynthia".

"Success to me is having a business that I enjoy, a business that gives me the flexibility to live my life to the fullest now, instead of postponing my personal pursuit of happiness."

SACWN SAYS....

k. d. lang Look-a-Like Contest - What a hoot! Seven beautiful woman participated in the contest and really got into it! Thank you to each of you. It was interesting how you each chose to reflect a different aspect of k.d.'s life and personality. A special thanks also to Lenora and her judges. It was originally planned that the contest would take place during the reception time, but when the crowd grew to "no walking room what-so-ever", we had to move the contest over to the stage area. That seemed to work out well.

Two of the three prizes for the contest were donated and we want to thank the sponsors. A $25 gift certificate from *In the Groove Records* was the second prize. (Read about *In the Groove*, Owner Laura is our Successful SACWNite this month!) Third prize was a k.d. lang tape from Lioness Bookstore. Lioness does have copies of SALMONBERRIES available for sale. Please thank these sponsors when you visit their stores for contributing to SACWN.

SAGA ASKING FOR ASSISTANCE - Those of us who have been lucky enough to attend the GAY GAMES know what an incredible experience it is and how important it is that our local athletes participate. The SAGA Women's Softball team held a dance in December that lost money and so the team is unable to pay the deposit that will guarantee their space in the games. They are asking for donations. For more information, contact Margaret at 737-7550.

THE FAMILY NEXT DOOR - A new newsletter for lesbian and gay parents and their friends is being published in the bay area. To subscribe call Lisa or Karen at 510-482-5778.

LESBIANS NEEDED - A health study on genetics and interrelationships for sexual orientation as they apply to risk factors associated with developing breast cancer is being done by the National Institutes of Health. Any lesbian woman is invited to participate, however, lesbians with a lesbian or gay sibling are especially encouraged to respond. For information call collect to Dr. Angela Pattatucci at 301-402-4876.

WHY IS THERE A STAMP OVER A BULK MAIL LABEL ON MY NEWSLETTER? - Glad you asked. Some months, when the SACWN event date is late in the month, or when the staff gets the newsletter to the printer earlier, your issue may be sent bulk mail. In the meantime, about 200 newsletters are being sent bulk rate to persons on our "prospective member list" who receive the newsletter free for three months. Fliers advertising future events (such as the one for the Valentine Dance) are also being sent through the bulk mail system.

TOWN COUNCIL ORGANIZES AGAIN - The Sacramento Town Council is meeting again and reorganizing. Recently elected to leadership positions were: Michael Boyd, Andross Mullins, Ellen French and Charlie Preston. The purpose of TC is to facilitate an exchange of information between organizations and businesses serving the lesbian and gay community. The TC also serves as a forum for discussing issues impacting the community.

COMMUNITY - We held our discussion on community (as mentioned in this column in January). Six SACWNites attended. It was agreed to meet again and invite people from other organizations to join us. The Continuation of this discussion will be suggested to the Town Council.

SACWN

SUBSCRIPTION RENEWAL BY MAIL

All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

CATEGORIES	RATES
Regular Subscriber	$36/year
Two-in-One Household	$60/year
Limited Income Subscriber* (Student/Senior/Disabled)	$24/year
Sustaining Subscriber**	$48/year

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Career Interests

(1) _____

(2) _____

This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A $10 fee will be charged on returned checks.

WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature _____ Date _____

Signature _____ _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

* SENIORS -Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

"THE WOMAN IN MY HEART" VALENTINE DANCE

SATURDAY, FEBRUARY 12, 1994
From 8:00 P.M.
Unitarian Universalist Society
2425 Sierra Blvd., Sacto
Directions will be sent
with returned mail order.

NAME _____

ADDRESS _____

CITY _____ STATE ____ ZIP ____

PHONE _____

Category	# Tickets	Subscriber Names or #s
Subscribers- $10	_____	_____
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Non-subscribers-$15	_____	

Total Tickets: _____ Total Enclosed $_____

All tickets will be $15 at the door.
Please include a **self-addressed stamped** envelope with a check made payable to SACWN.
Send to:

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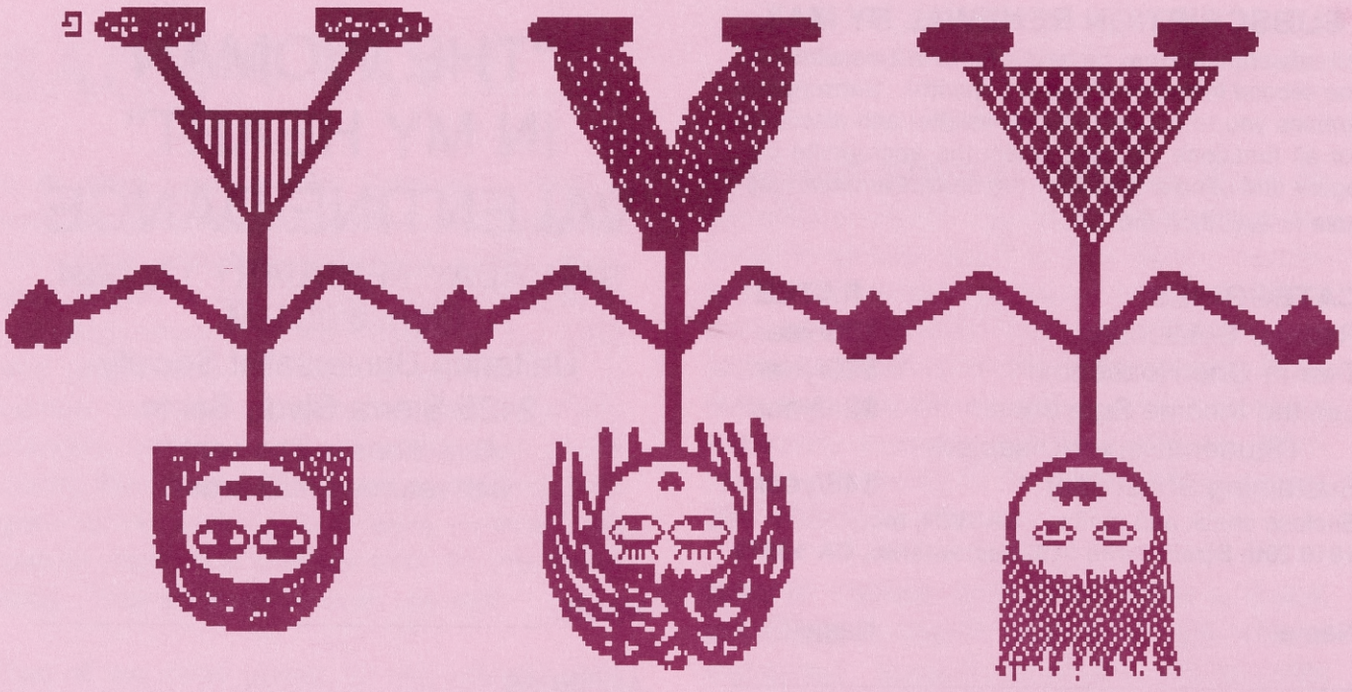
Tickets may be picked up at the above address when pre-arranged. Call 451-8034 for information.



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